



GLUTEN FREE LUNCH MENU

SERVED 12PM-6PM MONDAY - SATURDAY

SANDWICHES

ALL SANDWICHES ARE SERVED WITH CRISPS & ARE SERVED IN GLUTEN FREE BREAD

Melted Brie, Lettuce & Tomato (V) £6.95	Cheddar Cheese & Tomato (V) £5.95
Melted Brie, Lettuce & Bacon £7.95	Prawns In Rich Seafood Sauce £7.95
Tuna, Sweetcorn & Red Onion £5.95	Chicken, Lettuce, Tomato & Mayo £6.95

JACKET POTATOES

ALL JACKET POTATOES ARE SERVED WITH CRISP MIXED SALAD

Tuna, Sweetcorn & Red Onion £5.95	Grated Cheese (V) £5.95
Melted Brie & Bacon £7.50	Prawns In Rich Seafood Sauce £7.95
Baked Bean & Grated Cheese (V) £5.95	Brie & Cherry Tomato (V) £6.50

OMELETTES

ALL OMELETTES ARE SERVED WITH CHIPS & SALAD AND ARE COOKED TO ORDER SO CAN TAKE 15/20 MINUTES TO COOK, AT BUSY TIMES LONGER

Spinach & Mushroom (V) £8.95	Ham & Cheese £9.95
Brie & Bacon £9.95	Cheese & Tomato (V) £8.95



GLUTEN FREE STARTERS

Homemade Soup Of The Day

With bread - £4.95

Crispy Whitebait

Served with tartar sauce - £5.95

Crushed Avocado Bruschetta (V)

Crushed avocado, chilli and lime, cherry vine tomatoes and red onion topped with rocket - £6.50

Salt & Pepper Calamari

Served with sweet chilli sauce - £6.25

Individual Baked Camembert (V)

Studded with garlic, white wine & rosemary served with toasted bread & red onion marmalade - £5.95

Prawn & Avocado Cocktail#

Crisp lettuce, tomato and rich seafood sauce.
Served with brown bread and butter - £7.50

PLEASE ENSURE YOU MAKE YOUR SERVER AWARE
YOU ARE ORDERING FROM THE GF MENU



GLUTEN FREE MAINS

Liver & Bacon

Lambs liver cooked to order served with creamy mash, streaky bacon, seasonal vegetables and rich onion gravy - £11.95

Sea Bass

Pan cooked sea bass fillet, bubble & squeak rosti, avocado, cherry tomato, lemon & chilli salsa - £14.95

Classic Mushroom Stroganoff (V)

Flambéed in brandy with cream, mushrooms & paprika. Served with rice - £12.95

Chicken Curry

Homemade authentic Indian curry, medium spiced with basmati rice - £13.95

Shepherd's Pie

Topped with cheesy mash, rosemary and cherry tomatoes, served with seasonal vegetables - £14.95

Halloumi Burger (V)

Pan cooked halloumi lettuce, tomato, gherkin, red pepper & sweet chili sauce in a toasted bun served with skinny fries - £12.95

Chicken & Bacon Caesar Salad

Cos lettuce with creamy Caesar dressing, parmesan topped with char-grilled chicken & crispy bacon - £12.95

Cajun Chicken Burger

Crispy, spicy, herb crumbed chicken breast with mayonnaise, cheese, bacon, lettuce & tomato in toasted bun.
Served with skinny fries - £12.95

Ham, Egg & Chips

Carved to order honey roast ham served with fried eggs, chunky chips & peas - £9.95

Halloumi Salad (V)

Greek salad topped with chargrilled halloumi.
Served with minted yoghurt - £13.95

PLEASE ENSURE YOU MAKE YOUR SERVER AWARE
YOU ARE ORDERING FROM THE GF MENU