



GLUTEN FREE LUNCH MENU

SERVED 12PM-6PM MONDAY - SATURDAY

SANDWICHES

ALL SANDWICHES ARE SERVED WITH CRISPS & ARE SERVED IN GLUTEN FREE BREAD

Melted Brie, Lettuce & Tomato (V) £6.50	Cheddar Cheese & Tomato (V) £5.95
Melted Brie, Lettuce & Bacon £6.95	Prawns In Rich Seafood Sauce £7.50
Tuna, Sweetcorn & Red Onion £5.95	Ham Salad £6.50

JACKET POTATOES

ALL JACKET POTATOES ARE SERVED WITH CRISP MIXED SALAD

Tuna, Sweetcorn & Red Onion £5.95	Grated Cheese (V) £5.95
Melted Brie & Bacon £6.95	Prawns In Rich Seafood Sauce £7.50
Baked Bean & Grated Cheese (V) £5.95	Brie & cranberry (V) £5.95

OMELETTES

ALL OMELETTES ARE SERVED WITH CHIPS & SALAD AND ARE COOKED TO ORDER SO CAN TAKE 15/20 MINUTES TO COOK, AT BUSY TIMES LONGER

Spinach & Mushroom (V) £8.95	Ham & Cheese £8.95
Brie & Bacon £8.95	Cheese & Tomato (V) £8.95



GLUTEN FREE STARTERS

Homemade Soup Of The Day

With bread - £4.95

Crispy Whitebait

Served with tartar sauce - £5.75

Chicken Satay

Served with peanut sauce & mixed salad - £5.95

Salt & Pepper Calamari

Served with sweet chilli sauce - £5.95

Mushroom Bruschetta (V)

Woodland mushrooms in creamy garlic sauce, topped with rocket - £5.95

Chicken Liver Pâtè

With toasted bread, red onion marmalade - £5.75

Individual Baked Camembert (V)

Studded with garlic, white wine & rosemary served with toasted bread & red onion marmalade - £5.95

Prawn Cocktail

With rich seafood sauce. Served with bread & butter - £7.50

PLEASE ENSURE YOU MAKE YOUR SERVER AWARE
YOU ARE ORDERING FROM THE GF MENU



GLUTEN FREE MAINS

Liver & Bacon

Lambs liver cooked to order served with creamy mash, streaky bacon, seasonal vegetables and rich onion gravy - £11.95

Sea Bass

Pan cooked sea bass fillet, warm potato salad, sautéed spinach & kale, lemon and parsley butter - £14.95

Fish Pie

Prawn, cod, salmon & haddock, white wine, garlic & herb sauce topped with cheesy mustard mash served with seasonal vegetables - £13.95

Classic Mushroom Stroganoff (V)

Flambéed in brandy with cream, mushrooms & paprika. Served with rice - £12.95

Chicken Curry

Homemade authentic Indian curry, medium spiced with basmati rice - £13.95

Halloumi Burger (V)

Pan cooked halloumi lettuce, tomato, gherkin, red pepper & sweet chili sauce in a toasted bun served with skinny fries- £12.95

Chicken & Bacon Caesar Salad

Cos lettuce with creamy Caesar dressing, parmesan topped with char-grilled chicken & crispy bacon - £12.95

Cajun Chicken Burger

Crispy, spicy, herb crumbed chicken breast with mayonnaise, cheese, bacon, lettuce & tomato in toasted bun.
Served with skinny fries- £12.95

Slow Cooked Whole Rack Of Ribs

Baby back ribs marinated in BBQ sauce served with skinny fries & coleslaw - £14.95

Ham, Egg & Chips

Carved to order honey roast ham served with fried eggs, chunky chips & peas - £9.95

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